

## Bagels

<b>1 bagel</b> .....	<b>\$1.00</b>
<b>6 bagels</b> .....	<b>\$6.00</b>
<b>12 bagels</b> .....	<b>\$12.00</b>

Plain • Sesame • Poppy • Everything • Onion • Salt  
Garlic • Cinnamon Raisin • Whole Wheat • Multigrain  
Whole Wheat Everything • Egg • Egg Everything  
Pumpnickel • Black Russian • Lo Carb Sugar Free Blueberry  
• Chocolate Chip • Bialy • Gluten Free (\$2)

Watch for Weekend Bagel Specials: “French Toast” (\$1.50)  
Rainbow (\$1.50) & “Specialty” (\$1.50)

## Buddy Says

### “Have A Bagel & A Schmeaer”

#### Specialty Cream Cheese Flavors (\$3.25 ea.)

Veggie • Nutella • Jalapeno • Olive • Cannoli • Walnut  
Raisin • Strawberry • Blueberry • Birthday Cake Scallion  
• Cookies & Cream • Lox & Cream Cheese (\$3.75)

<b>Butter or Jelly</b> .....	<b>\$2.00</b>
<b>Butter &amp; Jelly</b> .....	<b>\$2.25</b>
<b>Cream Cheese</b> .....	<b>\$2.25</b>
<b>Cream Cheese &amp; Jelly</b> .....	<b>\$2.50</b>
<b>Lite Cream Cheese</b> .....	<b>\$2.50</b>
<b>Specialty Cream Cheese</b> .....	<b>\$3.25</b>
<b>Sliced Lox &amp; Cream Cheese</b> .....	<b>\$7.99</b>
<b>Sliced Lox &amp; Specialty Cream Cheese</b> .....	<b>\$8.59</b>

### “Buddy’s Breakfast Run”

All sandwiches come with 2 eggs

<b>Eggs</b> .....	<b>\$3.00</b>
<b>Eggs w/ Cheese</b> .....	<b>\$3.50</b>
<b>Eggs w/ Choice of Meat</b> .....	<b>\$4.25</b>
<b>Eggs, Meat &amp; Cheese</b> .....	<b>\$4.75</b>
<b>Substitute Egg Whites</b> .....	<b>add \$0.75</b>

Add these sides:

<b>Sliced Fresh Avocado</b> .....	<b>\$1.50</b>
<b>French Fries or Home Fries</b> .....	<b>\$2.99</b>
<b>Cheese Fries</b> .....	<b>\$3.75</b>
<b>Hash Brown Patty</b> .....	<b>\$0.99</b>
<b>Onion Rings</b> .....	<b>\$3.49</b>
<b>Cole Slaw, Potato Salad, or Macaroni Salad</b> .....	<b>\$1.50</b>
<b>Meat (Bacon, Pork Roll, Ham, Sausage, Turkey, Turkey Bacon, or Steak)</b> .....	<b>\$2.75</b>

## “Buddy’s Breakfast Specialty Sandwiches”

<b>Buddy’s Belly Buster</b> .....	<b>\$6.99</b>
<i>2 Eggs, Cheese, Bacon, Sausage, Pork Roll, Hash Brown</i>	
<b>The Mexican Run</b> .....	<b>\$5.49</b>
<i>2 Eggs, Pepper Jack Cheese, Salsa</i>	
<b>Erica’s Eggwich</b> .....	<b>\$6.59</b>
<i>2 Eggs, American Cheese, Sliced Avocado, Hash Brown</i>	
<b>Buddy’s Burrito Run</b> .....	<b>\$6.99</b>
<i>2 Scrambled Eggs, Sausage, Cheddar Cheese, Peppers, Onions, Home Fries</i>	
<b>Athen’s Burrito</b> .....	<b>\$6.99</b>
<i>Egg Whites, Fresh Spinach, Tomato, Feta Cheese</i>	

## “Lauren’s Pancake Run”

<b>Short Stack (3)</b> .....	<b>\$5.49</b>
<b>Full Stack (5)</b> .....	<b>\$6.99</b>
<b>Add Chocolate Chips</b> .....	<b>add \$0.99</b>
<b>Add Fruit Compote</b> .....	<b>add \$1.20</b>
<b>French Toast</b> .....	<b>\$6.99</b>
<b>Nutella French Toast</b> .....	<b>\$7.59</b>
<b>Avocado Toast</b> .....	<b>\$7.59</b>
<b>Belgian Waffle</b> .....	<b>\$6.99</b>
<b>with Fruit Compote</b> .....	<b>\$7.59</b>

\*\* Ask about our Specialty Breakfasts (available on weekends)\*\*  
\* Muffins and pastries baked fresh daily (\$2.50) \*

## Egg Omelettes

Made with 3 eggs (substitute egg whites – extra \$1.25)  
Served with Home Fries, Choice of Bagel or Toast

<b>Omelette</b> .....	<b>\$5.99</b>
<b>Omelette with Cheese</b> .....	<b>\$6.25</b>
<b>Omelette with Choice of Meat &amp; Cheese</b> .....	<b>\$7.59</b>
<b>Western Run</b> .....	<b>\$7.99</b>
<i>Ham, Cheese, Peppers, Onions</i>	
<b>Greek Run</b> .....	<b>\$7.99</b>
<i>Fresh Spinach, Mushrooms, Tomato, Feta Cheese</i>	
<b>Light Run</b> .....	<b>\$8.59</b>
<i>Egg Whites, Onions, Peppers, Mushrooms, Low-Fat Swiss</i>	
<b>Country Run</b> .....	<b>\$7.99</b>
<i>Bacon, Peppers, Onions, Cheddar Cheese</i>	
<b>Buddy’s Lox &amp; Onion Run</b> .....	<b>\$8.59</b>
<i>Diced Lox, Sautéed Onion</i>	
<b>Jersey Run</b> .....	<b>\$7.99</b>
<i>Diced Pork Roll, Cheddar &amp; American Cheese</i>	

## “Buddy’s Runwiches”

Served on your choice of bagel

<b>Chicken Salad Runwich</b> .....	<b>\$8.25</b>
<i>Chicken Salad, American Cheese, Bacon, Lettuce, Tomato, Red Onion</i>	
<b>Grilled Chicken Runwich</b> .....	<b>\$8.25</b>
<i>Grilled Chicken, Cheese, Bacon, Lettuce, Tomato, Mayo</i>	
<b>Runwich Italiano</b> .....	<b>\$8.25</b>
<i>Grilled Chicken, Roasted Red Peppers, Fresh Mozzarella</i>	
<b>Cheesy Runwich</b> .....	<b>\$8.25</b>
<i>Cheddar Cheese, American Cheese, Bacon, Tomato</i>	
<b>Honey Mustard Chicken Runwich</b> .....	<b>\$8.25</b>
<i>Crispy Chicken, Shredded Lettuce, Tomato, Red Onion, Cheddar Cheese, Bacon, Honey Mustard</i>	
<b>Maple Bacon Runwich</b> .....	<b>\$8.25</b>
<i>Turkey Breast, Mozzarella Cheese, Caramelized Onion, Maple Glazed Bacon &amp; BBQ Sauce</i>	
<b>Buffalo Chicken Runwich</b> .....	<b>\$8.25</b>
<i>Crispy Buffalo Tenders, Lettuce, Tomato, Red Onion, Blue Cheese Dressing</i>	

## “Buddy’s Lunch Specialty Sandwiches”

Served on your choice of bagel

<b>Rueben Run</b> .....	<b>\$8.25</b>
<i>Hot Pastrami, Sauerkraut, Swiss Cheese, Russian Dressing</i>	
<b>Split Run</b> .....	<b>\$8.79</b>
<i>Hot Pastrami, Hot Corned Beef, Melted Swiss Cheese, Cole Slaw, Russian Dressing (served on Rye)</i>	
<b>Club Run</b> .....	<b>\$8.25</b>
<i>Sliced Oven Gold Turkey Breast, Choice Of Cheese, Lettuce, Tomato, Bacon, Mayo</i>	
<b>Buddy’s Tuna Melt</b> .....	<b>\$7.59</b>
<i>Open Faced Tuna, Topped with Melted Choice of Cheese &amp; Tomato</i>	
<b>Buddy’s Smokey Run</b> .....	<b>\$9.49</b>
<i>Scallion Cream Cheese, Sliced Lox, Tomato, Red Onion, Whitefish Salad Spread</i>	
<b>Buddy’s Sloppy Run</b> .....	<b>\$8.79</b>
<i>Heaping Portions of Sliced Turkey Breast &amp; Roast Beef, Topped w/ Swiss Cheese, Cole Slaw, Russian Dressing</i>	

We Cater for All Occasions!

Call and ask about our catering options

## “Buddy’s Grill Run”

- Grilled Cheese .....\$4.35
- with Tomato* .....\$4.99
- with Bacon & Tomato* .....\$5.95
- BLT .....\$5.45
- BLT with Cheese .....\$5.95
- Chicken Fingers with Fries .....\$6.59

## “Buddy’s Grease Run”

*Served on your choice of bagel*

- Buddy’s Phat Run .....\$8.25
- Cheese Steak, Mozzarella Sticks, Chicken Tenders, Lettuce, Tomato, French Fries, Ketchup, Mayo*
- Buddy’s Last Run .....\$8.25
- Beef Patty, Mozzarella Sticks, Chicken Tenders, Lettuce, Tomato, Ketchup, Mayo*
- Phat Bratty Princess .....\$7.65
- Mozzarella Sticks, Chicken Tenders, Lettuce, Tomato, Ketchup, Mayo*
- Phat Spoiled Prince.....\$9.25
- 2 Beef Patties, Bacon, Mozzarella Sticks, Lettuce, Tomato, Caramelized Onions, French Fries, Ketchup & Mayo*

## “Buddy’s Deli Run”

Proudly Featuring



	Sand.	Per lb.		Sand.	Per lb.
Turkey	\$6.99	\$10.99	Tuna Salad	\$6.49	\$8.99
Ham	\$6.49	\$9.99	Chx Salad	\$6.99	\$9.99
Salami	\$6.49	\$9.99	Spicy Chx	\$6.99	\$9.99
Pastrami	\$7.49	\$11.99	Egg Salad	\$5.49	\$7.99
Corned Beef	\$7.49	\$11.99	White Fish Sd	\$7.49	\$10.99
Roast Beef	\$6.99	\$10.99	Am. Cheese	\$4.49	\$6.99
Bologna	\$5.49	\$7.99	Other Cheese	\$4.99	varies

Make your sandwich a:

- Club .....add \$1.50
- “Runner’s Special” .....add \$2.49
- Includes canned beverage of your choice; French Fries and a pickle*

## “Buddy’s Salad Run”

Create Your Own (chopped or tossed) ..... \$7.99  
*Fresh Mixed Greens, Romaine or Spinach, & Your Choice of Up to 6 of the following toppings:*

- |                   |                     |                  |
|-------------------|---------------------|------------------|
| Red Onions        | Feta Cheese         | Bacon            |
| Chick Peas        | Sliced Almonds      | Sliced Olives    |
| Chopped Eggs      | Carrots             | Sliced Almonds   |
| Mandarin Slices   | Craisins            | 3 Bean Salad     |
| Chopped Cucumbers | Roasted Red Peppers | Sunflower Seeds  |
| Tomatoes          | Croutons            | Shredded Cheeses |

Each Additional Topping.....add \$0.50  
 Premium Salad .....add \$2.49  
*Add either Grilled Chicken, Tuna Salad, Chicken Salad, or Egg Salad*

## Signature Salads

- Chicken Caesar ..... \$7.99
- Chopped Romaine Topped with Grilled Chicken, Caesar Dressing, Parmesan Cheese*
- Cobb Salad..... \$8.49
- Mixed Greens Topped with Turkey, Bacon, Cheese, Sliced Egg, Black Olives, Carrots*
- Chef Salad..... \$8.49
- Mixed Greens Topped with Turkey, Ham, Swiss, American Cheese*
- Asian Chicken Salad ..... \$7.99
- Mixed Greens Topped with Grilled Chicken, Mandarin Oranges, Sliced Almonds, Asian Vinaigrette*

WE PROUDLY SERVE  
 FRESH ROASTED LACAS COFFEE!

Call Ahead to Make it a Quick Run!!

or

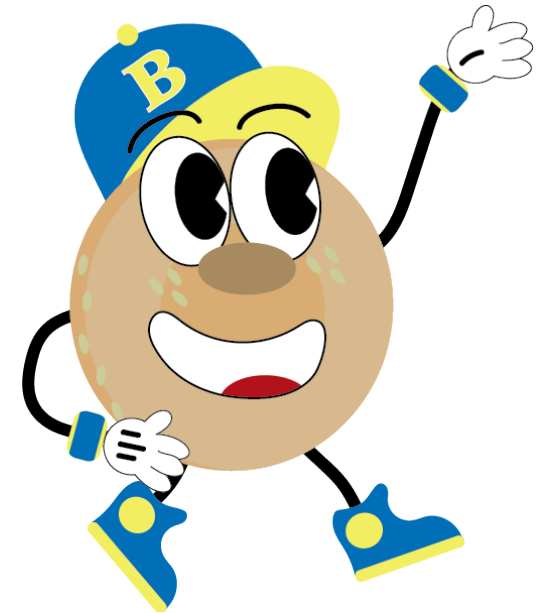


Prices subject to change without notice



# BAGEL RUN

“Second to None”



Cooks Bridge Plaza  
 341 N. County Line Road  
 Jackson, New Jersey 08527

Hours:  
 Monday-Friday: 6:00am to 3:00pm  
 Saturday-Sunday: 6:00am to 2:00pm

(732) 994-5969

www.bagelrunjackson.com



The Bagel Run



@the\_bagel\_run